## Appendix A: In Work Support Package - Internal

| Support                                     | Description   | Occurrence   |
|---|---|--|
| Career Management session                   | Career goal setting paying particular attention to placement role   | Pre-start of placement (2 hours)   |
| Self-Smart                                  | A Psychometric tool, which supports people in areas including mental health, emotional intelligence, employment styles, entrepreneurship and personal resilience.   | Pre- start of placement (one hour)   |
| 1-2-1 IAG sessions                          | Information Advice and Guidance session – setting SMART targets, and revisiting career management session   | 3 sessions: 1 per last months of placement (2 hours per session)                   |
| GOW online course                           | Covering:  Introduction/ career test  Wellbeing Safeguarding/health and safety Devices / E-mails Internet browser/ Microsoft word Customer Service/ British Values fo points of sale Time management / Productivity Budgeting | 1 online training course (Course length: 8 sessions = 42 hours)                    |
| Job Club - attend 3 sessions                | Dedicated online session to support with job search / application forms   | attend minimum of 3 sessions in final month of placement (each session is 2 hours) |
| self-smart – Revisit                        | Revisit self-smart to look at & discuss changes in self smart behaviours  | Last month of placement  |
| Access to travel subsidies via JCP - (£250) | Support from JCP to cover travel expense to and from place of work  | Over first month   |
| E-newsletter to all latest vacancies        | Weekly news / vacancy e-mail  | Throughout   |
| H&S Qualification                           | A recognised and fully funded qualification in Health & Safety to increase the individual skills in a vital element of any workplace  | Once at the start of the placement   |